

Acute Delirium: Can You Spot It?



Course Description

Delirium affects an estimated 14% to 50% of all hospitalized elderly patients. At least 20% of the 12.5 million patients over age 65 hospitalized each year experience complications because of delirium. It is essential that healthcare professionals recognize who is at risk, practice early identification and implement current management strategies for the patient with delirium. This one-day program is designed to provide this education.

Program Learning Outcomes

This program prepares the learner to:

- Identify the major differences between various dementias and delirium.
- Identify high-risk hospitalized patients.
- Develop a unit-based strategy for the prevention of delirium.

Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:15 pm

- 0800 **Alzheimer's Type Dementia vs. Other Types**
Alzheimer's | Lewy Body | Frontal Lobe
- 0915 **Break**
- 0930 **Acute Delirium**
Risk Factors | Common Assessment Tools
- 1045 **Pharmacologic Management of Acute Delirium**
Benzodiazepines | Antipsychotics | Cholinesterase Inhibitors
- 1145 **Lunch**
- 1245 **National Recommendations for Delirium Management**
HELP Guidelines | NICHE Guidelines | AGS Guidelines
- 1400 **Break**
- 1415 **Fall Prevention Interventions**
Risk Identification | Safety Interventions
- 1515 **Putting It All Together With Case Studies**
Alzheimer's Type Dementia Admitted for UTI | Post-Surgical Delirium | Sepsis From Decubitus Ulcer | Multi-Infarct Dementia Admitted for Colon Resection
- 1615 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 6.75 Contact Hours

Includes 1.25 Pharmacology Contact Hours

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MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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